Madam Speaker, I rise

today to speak of the suffering people

of North Korea. I am sending each of

my colleagues in the House a copy of

the most recent Life and Human

Rights in North Korea publication,

published by the Citizens Alliance for

North Korean Human Rights. I urge

Members to read this publication,

which includes eyewitness accounts of

the horrifying torture inside North Korean

prison camps and reports by the

United Nations.

Many North Korean’s understandably

attempt to flee, but some of them are

captured. For women, especially those

who have been trafficked into China as

sex slaves or domestic servants, a return

to North Korea is especially difficult.

For example, North Korean women

who have dyed their hair or worn

earrings undergo painful punishment.

Their heads are pounded against the

wall; earrings wrenched with pliers

from their ears. They said afterwards,

after the beatings, starving, and forced

labor, they are hard to recognize.

In addition, the reports state that

‘‘North Korea not only conducts terrorist

operations, but operates warfare

training facilities to train international

terrorists and other revolutionaries

around the world.’’

Madam Speaker, the North Korean

people must be helped. I urge all Members

to take a good look at this book

and do whatever they can for the population

of North Korea.